## **USER MANUAL**



## **RF SKIN**

#### MULTI-FUNCTION DEVICE FOR SKIN CARE WAVE RADIO

Thank you for purchasing.

Before using, refer to the User Manual and to retain for future reference.

This manual contains practical hints with for demonstration arranged for informational purposes.

The device was created for cosmetic purposes and it is intended for home skin care. Do not use it for medical purposes.

If you have questions or problems, please contact customer service.

## TABLE OF CONTENTS

Precautions	3
Device features	5
Tips before surgery	7
Treatment programs	9
Tips after surgery	11
Construction equipment	1 <b>2</b>
The effects of therapy	15
Operation	16
Methodology treatments	17
Cleaning and maintenance	19
Charging device	20
Specification	21

## PRECAUTIONS

- 1. The device is only intended for skin care. It is not recommended to use it for other purposes.
- 2. You should carefully read the following Operating Instructions.
- It is advisable to use a shorter treatment time in the case of sensitive skin and adherence to treatment. Otherwise, it may result in damage to the skin.
- 4. Before charging device, make sure that the wires or charging port are undamaged and properly connected.
- 5. Do not use the device while charging. Once fully charged, the device will issue an audio alert (3 beeps characteristic) and the load indicator stops flashing will light. It is then necessary to pull the charger contact.
- 6. Avoid prolonged contact with the head surface of the skin in one place. You should constantly move over the surface of the treatment head. Avoid movable lids and stably cover the entire hand tool body.
- Do not wash the unit with water or soak in water or other substances. After the procedure, clean the printhead only lightly moistened cotton swab.

- 8. If you experience any pain or allergic reactions, stop using the device and consult your doctor
- 9. When using the device, it is possible sensation of tingling and warmth. The sensible heat can be different depending on the condition of the skin.
- 10. Devices should not use: children, pregnant and lactating women, people with allergies, people with active skin lesions, people with pacemakers and those with fever.
- 11. The device should be stored in a dry place out of reach of children and away from sources of electromagnetic fields (eg. Induction cooker).
- 12. In the event of damage to the equipment, do not fix it yourself. In this situation, you should immediately discontinue use and contact service.

## **FUNCTIONS**

1. RF - radiofrequency otherwise, it is the electromagnetic field at a high frequency, which after penetration into the deep layers of the skin, stimulates the dermis, collagen is heated, shrinks the collagen fibers and regenerates them, which lightens and tightens slack skin. In addition, it reduces wrinkles and scars, firms the skin and gives it a glow.

2. EMS - otherwise muscle electrostimulation, is stimulation of muscles to work with an electric pulse. This increases the strength and muscle tone, resulting in faster fat burning. Thanks to cooperation with the radio wave can be improved facial contours and alleviate sagging skin.

3. CURRENT Generate current is of a certain load, which improves the drainage of venous blood and lymph tissues, edema and promotes the absorption of haematomas, increases the activity of enzymes, feeds and accelerates the tissue repair processes.

Current (+) - The head of the positive ions are generated. this mode It enables cleansing of impurities, the reduction of acne, elimination of spots, narrowing the pores of the skin and mute adjustment work of the sebaceous glands. During operation is made alkaline environment which prevents the growth of bacteria responsible for acne. Is increased as the absorption of nutrients which the charge is positive. Such ingredients m. Et al .:

```
zinc
calcium
niacinamide
Teleangyn®
gold
algae
```

Electricity (-) - The head produced ions are negative. during operation generated is an acidic environment, which creates ideal conditions for the proper functioning of cells responsible for collagen and elastin production. Improving skin firmness and elasticity, shallow minor wrinkles and improves the shape of the face. Absorption of nutrients is increased which the charge is negative. Such ingredients m. Et al .:

Vitamin C, retinol Vitamin E hyaluronic acid AHA, BHA and PHA lactic acid kojic acid arbytyna collagen coenzyme Q10

4. VIBRATION- relaxes muscles and decreases the tension of blood vessels, accelerate the metabolism and absorption of nutrients.

5. LIGHT LED - light therapy affects the proper functioning of the whole body, stimulates regeneration processes, accelerates metabolism, strengthens the immulogiczny etc.

- red light (Emits a wavelength of 630 nm)

Reaches the deep layers of the skin and activates the collagen fibers, improves blood circulation, reduce wrinkles and smoothes the skin. Suitable for all skin types, in particular the signs of aging. - light blue (Emits a wavelength of 465 nm) It kills bacteria, soothes, reduces acne and acne scars, shrinks pores. It has anti-inflammatory effects. Recommended for oily skin and acne-prone telangiectasia.

6. COOLING -For cold supports the renewal of biological cells, and treated with cold skin becomes smooth and firm. Cold copes well with edema arising during sleep, so. "Bags" and puffy eyelids.

## TIPS BEFORE SURGERY

- 1. Do not use the device in areas that in the period up to 6 months were subjected to treatments involving the use of hyaluronic acid or collagen.
- 2. It should avoid the place where an artificial fillers have been used, eg. Silicone.
- 3. Do not use the device in pregnant women, people with pacemakers and patients who suffer from severe heart disease.
- 4. You must remove all metal jewelry during the procedure (eg. Earrings).
- 5. Clean the surface treatment facilities.
- Do not use the device in areas that in the period up to 6 months were subjected to treatments involving the use of hyaluronic acid or collagen.
- 7. It should avoid the place where an artificial fillers have been used, eg. Silicone.

- 8. Do not use the device in pregnant women, people with pacemakers and patients who suffer from severe heart disease.
- 9. You must remove all metal jewelry during the procedure (eg. Earrings).
- 10. Clean the surface treatment facilities.

## **TREATMENT PROGRAMS**

### The unit has 5 modes:

MODE BUTTON					
Program	CLEAN	MOISTURE	EMS UP	RF LED	COOL
Function	RF VIBRATION JON +	RF VIBRATION JON -	RF EMS	RF LIGHT RED	COOLING LIGHT BLUE
Icon	LEVEL-	LEVEL-	LEVEL-	RF LED	COOL

Program	Function	properties	recommended preparation	Time And Treatment frequency	Intensity
CLEAN	RF Ion + Vibration	Heating the deep parti skin absorption and removal of impurities difficult to remove, for example. blackheads, cleansing pores. And deep disinfection relaxation.	Clean Fresh & Silky Powder Anti-Acne Ampoule Shine Purifying Off Cream Purifying Biocellulose mask	About 5 minutes 2-3 times week	lon: 5 RF: solid
MOISTURE	RF Ion- Vibration	heating the deep of the skin, the penetration nutrients the stratum corneum, nutrition, hydration, And mineralization rozświetlenieskóry	Dry Skin Ampoule Hyaluronic Ampoule Hydrating Biocellulose mask Liquid Dream Hyaluron Cream Ultimate Moisture Hydrating Cream	About 5 minutes 2-3 times week	Ion: 5 RF: solid
EMS	RF EMS	heating the deep of the skin, massage, stimulation of facial muscles, increase flexibility the skin, the use of the neck and shoulders.	Collagen Ampoule Anti Stop The Clock aging Serum Anti Stop The Clock aging Cream	About 5 minutes 2-3 times week	EMS: 5 RF: solid
RED LED	RF <sup>Światłocz</sup> erwone	heating the deep of the skin, increasing poliferacji fibers collagen	Coenzyme Q10 Ampoule Firmoxampoule Serum STEMCELLS StemCellsCream StemCellsBiocelluloseM ask	About 5 minutes 2-3 times - week	
COOL	of cooling ° Światłoni ebieskie	Cooling the skin, narrowing pores, hydration and illumination, increase flexibility blood vessels.	Vitamin C Ampoule Red Off Intensive Care Red Off Calming Cream Sensitive & Couperose Skin Cream Lightening Biocellulose mask	About 5 minutes daily	-

#### Page 10

## AFTER TREATMENT GUIDELINES

- The feeling of dry skin is a natural reaction after the treatment. It should be intensely moisturize and avoid the sun. For this purpose can be used preparations Yasumi Liquid Dream Hyaluron Cream, Dry Skin Ampoule, Hyaluronic Ampoule, High Protection Sun Cream SPF 30, Calm & ProtectCream.
- 2. Do not wash the treatment area with hot water. For cleaning the body, use of hot water having a temperature of not higher than body temperature.
- 3. At least 2 times a week (after surgery) indicated the use of masks, for example. Biocellulose Hydrating Mask.

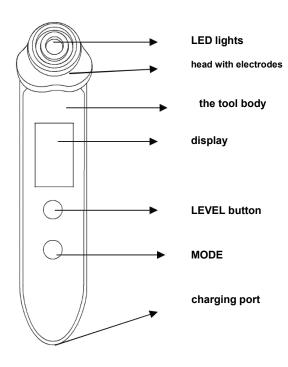
## **CONSTRUCTION EQUIPMENT**

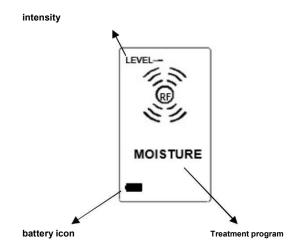
#### The kit includes:

device	
charger	
Cotton	swabs
manual	warranty
card	



- 1. Downloading the magnetic ring of the device.
- 2. Imposing a cotton swab and fixing it the magnetic ring.
- 3. Soaking the swab active substance.





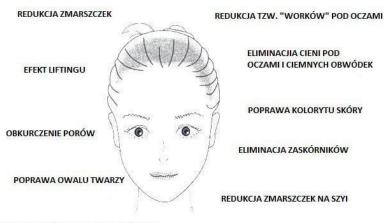
LEVEL button - to set the intensity level.

MODE button - serves as the on / off button to change the device and treatment programs.

ATTENTION! The device switches to standby mode for two minutes of inactivity (the unit will sound an alert - 3 signals, and the display will flash). In this case, turn off the unit and leave for 30 minutes or resume treatment.

### **EFFECTS OF THERAPY**

Shrinking pores of the skin and firming Reduction of the double chin, and stimulation improvement of facial contour of collagen fibers more flexible and lighten the color of the face Brighten dark eye rims reduction of wrinkles on the neck



REDUKCJA TZW. "DRUGIEGO PODBRÓDKA"

## **OPERATION**

#### PROCEDURE STEP BY STEP

**STEP 1**:To turn the device on, hold the button MODE for about 1 second until the display backlight and the beep.

**STEP 2**:When you start the machine automatically set program is CLEAN. To change a program, briefly press the MODE button.

STEP 3:Another short pressing will change the program w the correct order CLEAN -> MOISTURE -> EMS UP -> RF LED -> COOL.

**STEP 4**:To set the intensity level briefly Press LEVEL. Intensity range is from 1 to 5.

# STEP 5: To hold off urządzenienależy MODE for about 1 second until you hear a beep and the display goes out.

#### TIPS!

- For the RF LED COOL and you can not change the intensity.

- The temperature generated by the radio wave is constant for each program.

- The intensity should be adjusted individually to feel that there is no discomfort, and should start with the smallest value.

- Remember to not irradiate eyeball directly.

- Better results can be achieved through the work of the so-called. "Wet substrate." For this purpose, a treatment zone to apply the formulation of high water content, for example. Ampoules or serum Yasumi or apply the security ring, moistened with water and a cotton swab attached to the kit.

## **TREATMENT METHODS**

#### 1. make-up removal

Before performing the procedure, carefully clean the skin from external impurities and excess sebum.

#### 2. Preparing for surgery

Must be applied at the discretion of one of the featured pre aratów to surgery (see table p. 7) or a cotton swab included.

#### 3. Turn on the device and setting the Parametro

After switching on, select a treatment program and intensity.



IMPORTANT! The intensity should be selected individually from the lowest to the feelings.

#### 4. Performing surgery

#### Programs: CLEAN MOISTURE, RF LED

- Put your head gently to the skin. The print head should be in full contact with the skin.

- Move the head along the face muscles from inside to outside with a continuous motion at a rate of about 2 cm / second.

- If you felt the heat is too intense need to accelerate the movement of the head. Remember not to hold the head in one place, to avoid burns.





IMPORTANT! Do not use the eye. To perform the surgery on the eye, it is advisable to use a low level of intensity due to sensitive skin.

#### Program: EMS UP

- Put your head gently to the skin. The print head should be in full contact with the skin.

- A circular motion with a slight contact pressure, do massage along the facial muscles from the inside out. Remember to get around the larynx.

 If you felt the heat is too intense need to accelerate the movement of the head.
 Remember not to hold the head in one place, to avoid burns.





IMPORTANT! Do not use the eye. To perform the surgery on the eye, it is advisable to use a low level of intensity due to sensitive skin.

#### Program: COOL

- Put your head gently to the skin. The print head should be in full contact with the skin.

- Work "stęplowo", ie. Align the head in one place for about 3 seconds, and then put in place next. After the development of the whole area of treatment repeat this process again.

- You can hold down the head in areas exposed to swelling, eg. The area under the eyes.

ATTENTION! In the case of ampoules Yasumi it is advisable to use additional ultrasound gel or a cream intended for treatment of the radio wave for better conductivity. But this is not a necessary condition.

## **CLEANING AND MAINTENANCE**

The head and body treatment facilities must be cleaned after each treatment with a cotton swab or a soft cloth. Do not wash the unit under running water or immerse in the reins.

For disinfection use a cotton swab moistened slightly with water or without disinfecting alcohol.

Do not use solvents, liquid metal and with a high content of alcohol.

Do not use abrasive or metal parts cleaning device. This may cause damage to the head.

Store in a cool, dry place out of reach of children.

Before each use, make sure that your device is charged.

## **CHARGING EQUIPMENT**

- 1. Low battery state is indicated by 3-fold beep and a flashing battery icon. After the beep, the device automatically turns off.
- 2. The device has a built-in lithium-polymer battery, which allows for wireless operation. After discharging device must be connected to the charger supplied.
- 3. A charger should be connected directly to the body of the device and connect the charger to the electrical outlet.
- 4. The battery icon will flash. After charging the unit will alert will sound and the battery icon will light up.
- 5. In this case, disconnect the charger.

## **SPECIFICATION**

DEVICE NAME	RF BEAUTY CARE
VOLTAGE OUTPUT	9 V, 0.5 A
BATTERY	7.4V, 600mAh
POWER	8
DIMENSIONS	188 x 41.6 x 56.5 mm
WEIGHT	167 g
MATERIAL	ABS, Stainless steel
CHARGING TIME	Ok. 3 h