

# Operating instruction



# Catalog

<b>1. Precautions</b>	<b>02</b>
1.1 Operational contraindications	02
1.2 Safe contraindications	03
1.3 Operational precautions	03
<b>2. Installation of the instrument</b>	<b>04</b>
2.1 Components	04
2.2 Handles	04
2.3 Link power cord	05
<b>3. Instructions</b>	<b>06</b>
3.1 Interface Discription	06
3.2 Suggestions for use	13
<b>4. Maintenance</b>	<b>14</b>
4.1 FAQ	15
<b>5. Technical Parameters</b>	<b>15</b>
<b>6. Warranty</b>	<b>16</b>
<b>7. Accessories list</b>	<b>16</b>

# 1. Precautions

After the instrument package is opened, check whether the accessories are complete according to packing list. If there is any problem, please contact the seller.

## 1.1 Operational contraindications

1. Pregnant women, lactating women and menstrual women are forbidden.
2. Women who is close to the menstrual period should be carefully, it may lead to premature menstruation or abdominal spasm.
3. It is forbidden if there are metal or electronic devices (pacemaker, defibrillator, nerve stimulator, drug pump, etc.) implanted.
4. Malignant tumor patients and cancer patients are forbidden.
5. It is forbidden for patients with heart disease, arrhythmia, epilepsy, severe hypertension and diabetes mellitus.
6. It is forbidden to do on the part of the body with artificial filling.
7. Patients with major surgery are forbidden to do it. They can try to use after consulting doctors' opinions according to the recovery situation.
8. If there is a wound on the skin, avoid the wound or do not do it.
9. Do not operate the abdomen when you are full. Do not operate until one hour after meals.
10. Try to avoid ribs when using.
11. Before using the instrument, the metal objects on the body must be removed. When using, avoid the metal objects on the clothes.
12. People with thick fat layer are not recommended to use this instrument. This instrument is mainly used for muscle tissue training. However, for people with too thick fat layer, energy is difficult to reach the muscle layer, and the effect will not be very good. It is recommended to do it after fat dissolving.

## 1.2 Safe contraindications

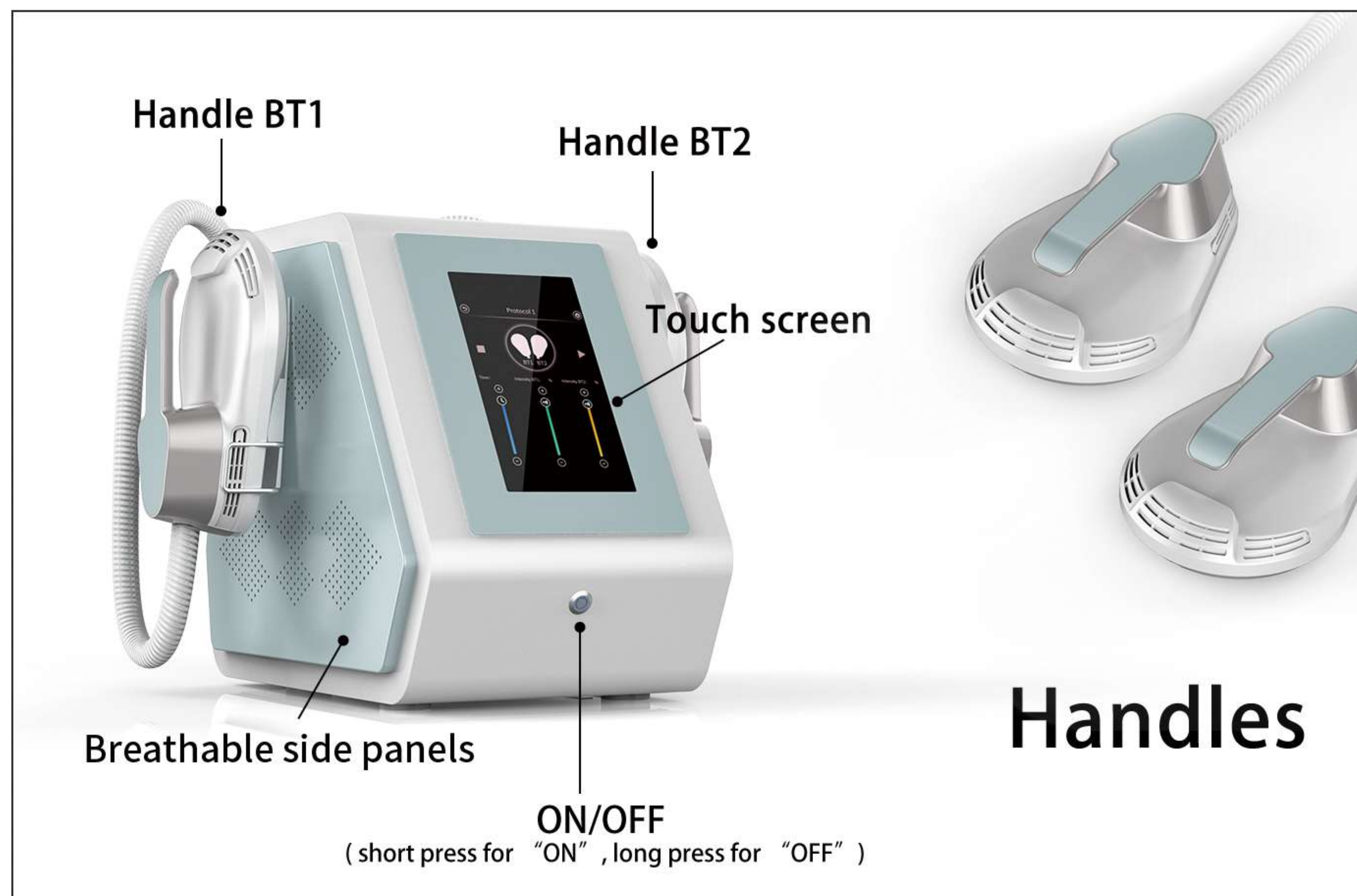
1. When the power plug is dirty, please clean it in time and make sure there is no sundries before connecting the socket.
2. Be sure to connect the 220-230v, 50 Hz three plug high-power power socket, and remove the power cord when moving the equipment.
3. Before use, please check whether there is water or moisture at the plug. If so, please dry it before using it.
4. Don't touch the power plug and pull the power cord.
5. Do not touch the power cord and plug with wet hands.
6. Don't force the instrument or the area around the power supply.
7. Do not use the instrument under high temperature, and do not put heating equipment near the instrument.
8. After the instrument is turned on, do not disassemble the power socket of the instrument, which will cause failure.
9. If there is smoke or odor when using the instrument, please unplug the power supply and consult after-sales service.
10. Do not touch lips or eyes when the handle is started to avoid injury.
11. It is strictly forbidden to cover the handle and instrument vent, which will affect the heat dissipation and cause the handle and case temperature to be too high, thus causing failure.

## 1.3 Operational precautions

1. Please read the instruction manual carefully. You must follow the method of use. If you do not use the instrument for a long time, please unplug the power supply.
2. Must consult with experts or use professional equipment before use;
3. When the handle on the rack, please do not turn on the instrument. You must take the handles off the rack and put them close to the operating part of the body (make sure to avoid metal objects on clothes) before opening.
4. The handle must be fixed by the bandage before use, and the bandage should not be too loose and should not move during use.
5. It is forbidden to cover the instrument when it is working, and it is forbidden to place towel, clothes and other things above the handles.
6. It is forbidden to put one handle upper on the other handle. When using, the interval between the two handles should be at least several centimeters.
7. When using handles, adjusting the intensity from low to the applicable strength gradually.
8. When the handle is not in use, it should be placed on the rack to prevent falling; when the handle is placed on the rack, do not pull the connecting wire by force.
9. After each treatment, it needs to stand by for 5-8 minutes and then turn off the power. If you need to start a treatment again, please use it after 5 minutes. For the same handle, you need to wait for 5 minutes before using it again.
10. If there is any abnormality on the patient when using the instrument, please stop the operation immediately and consult an expert.
11. If the instrument is abnormal, please confirm the manual again before operation; if the abnormality is not removed, do not disassemble the instrument by yourself, and contact after-sales service for consultation.

## 2. Installation of the instrument

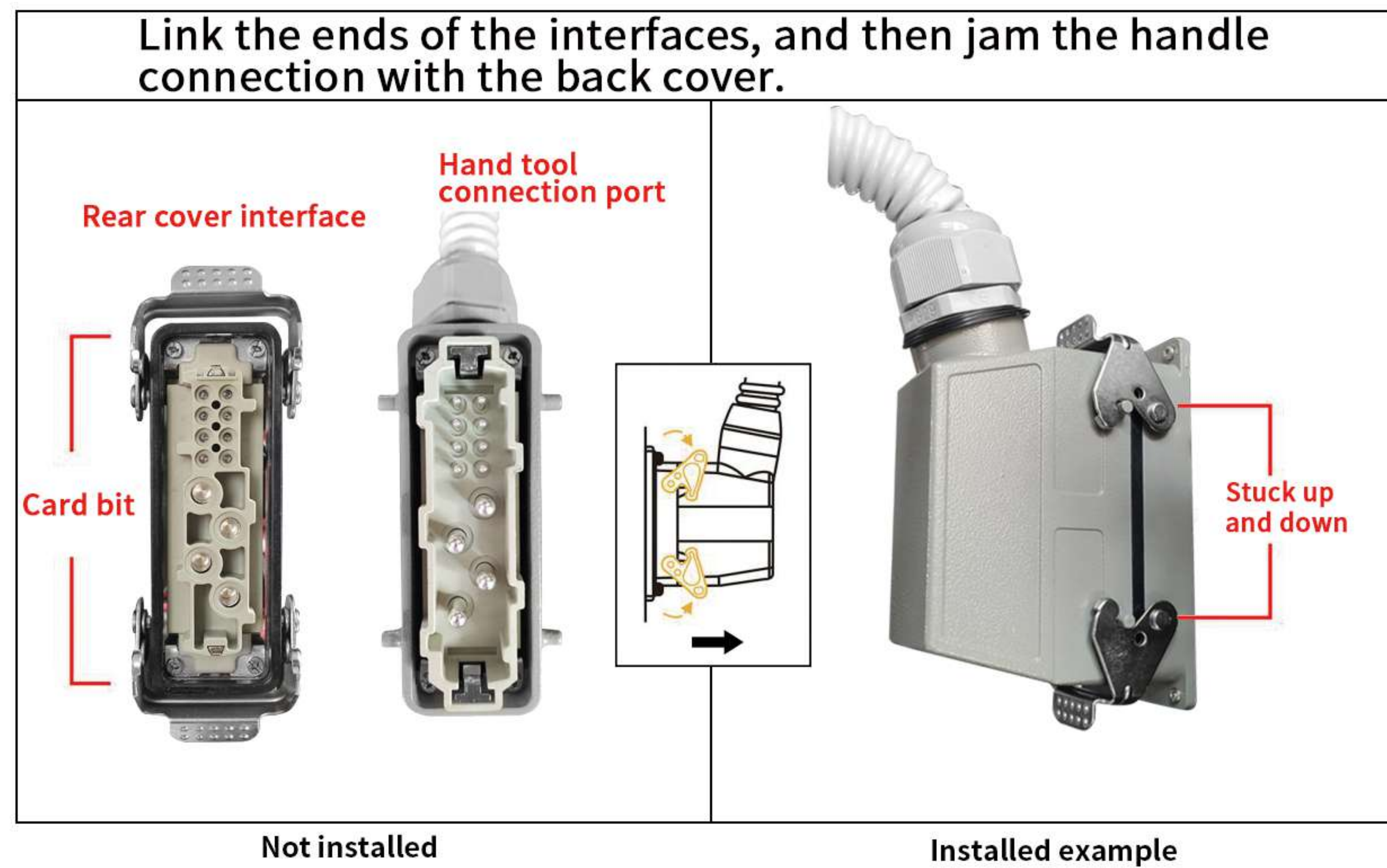
### 2.1 Components



### 2.2 Handles

First, place the handles on the rack, and then connect the handle according to the rear cover schematic.





## 2.3 Link power cord

First connect one end of the power cord with the instrument, and then connect the other end with the utility socket. Do not reverse it to avoid sparks!

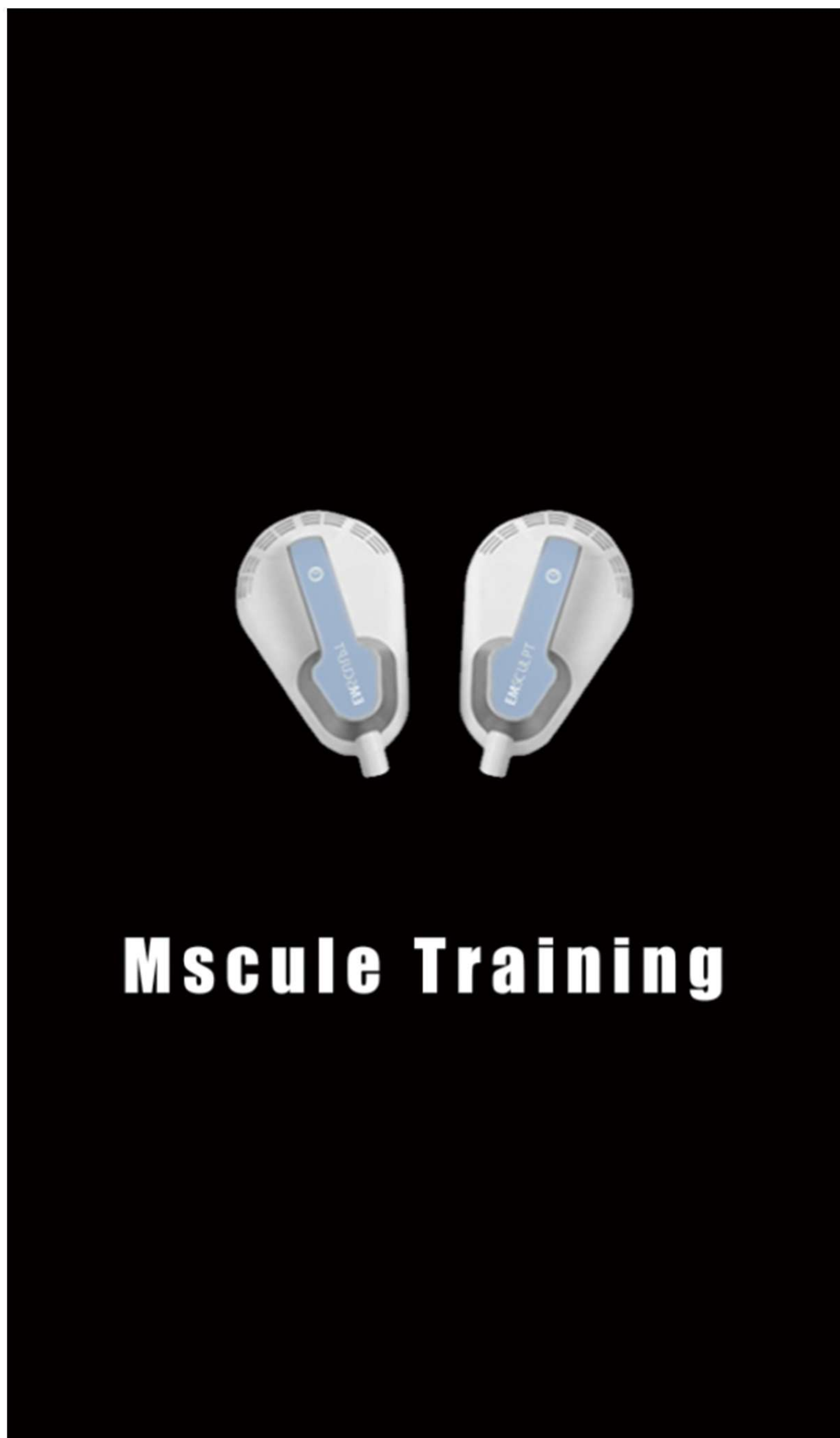
**Note:** before use, please check whether there is water or moisture at the plug. If so, please dry it with an electric hair dryer before using it.

## 3. Instructions

### 3.1 Interface Discription

#### 3.1.1 Boot interface

After connecting the power cord, turn on the power switch and the screen will display the boot interface.



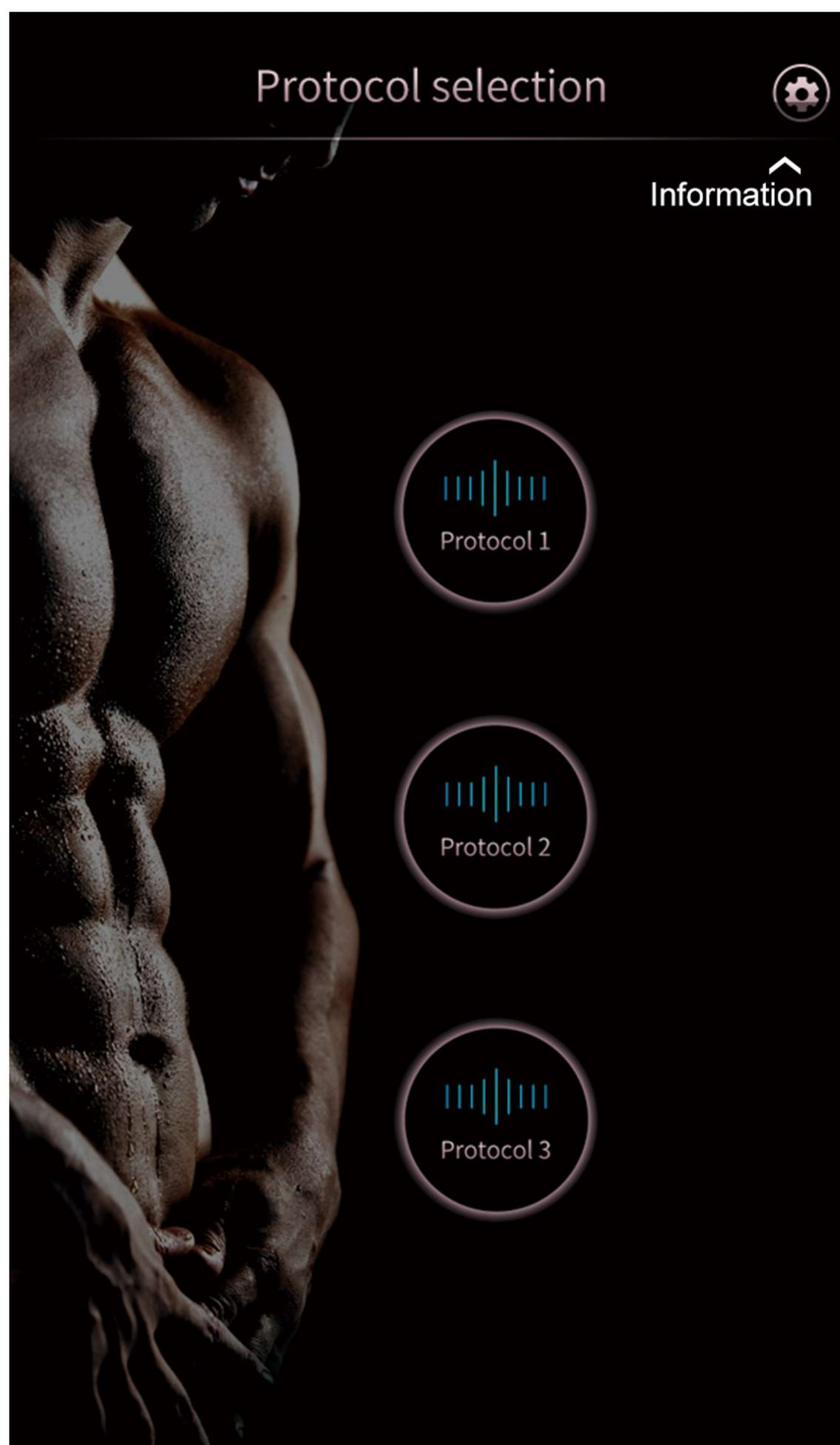
After a few seconds, enter the following list interface >>

### 3.1.2 List interface

Protocol 1: There are three working modes, energy from the surrounding to the middle, a large range, suitable for the abdomen, It can also be used for other parts according to the actual situation.

Protocol 2: There are two working modes, which are suitable for buttocks and it can also be used for other parts according to the actual situation.

Protocol 3: There are three working modes. The energy is mainly concentrated in the middle, and the range is small. It is suitable for small parts (thighs, arms, etc.), and it can also be used for other parts according to the actual situation.

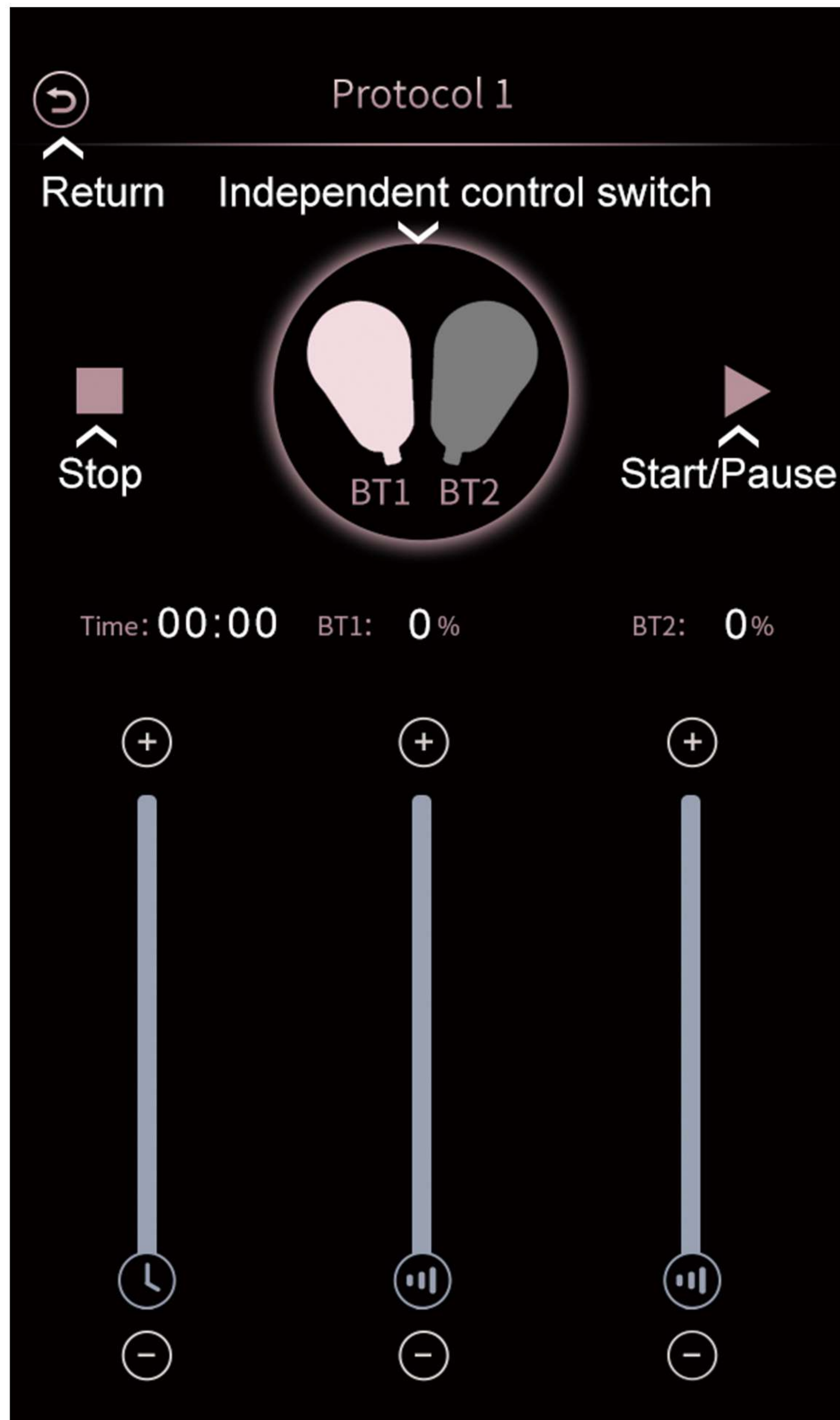


After selecting the Protocol, the interface will jump to the working interface >>



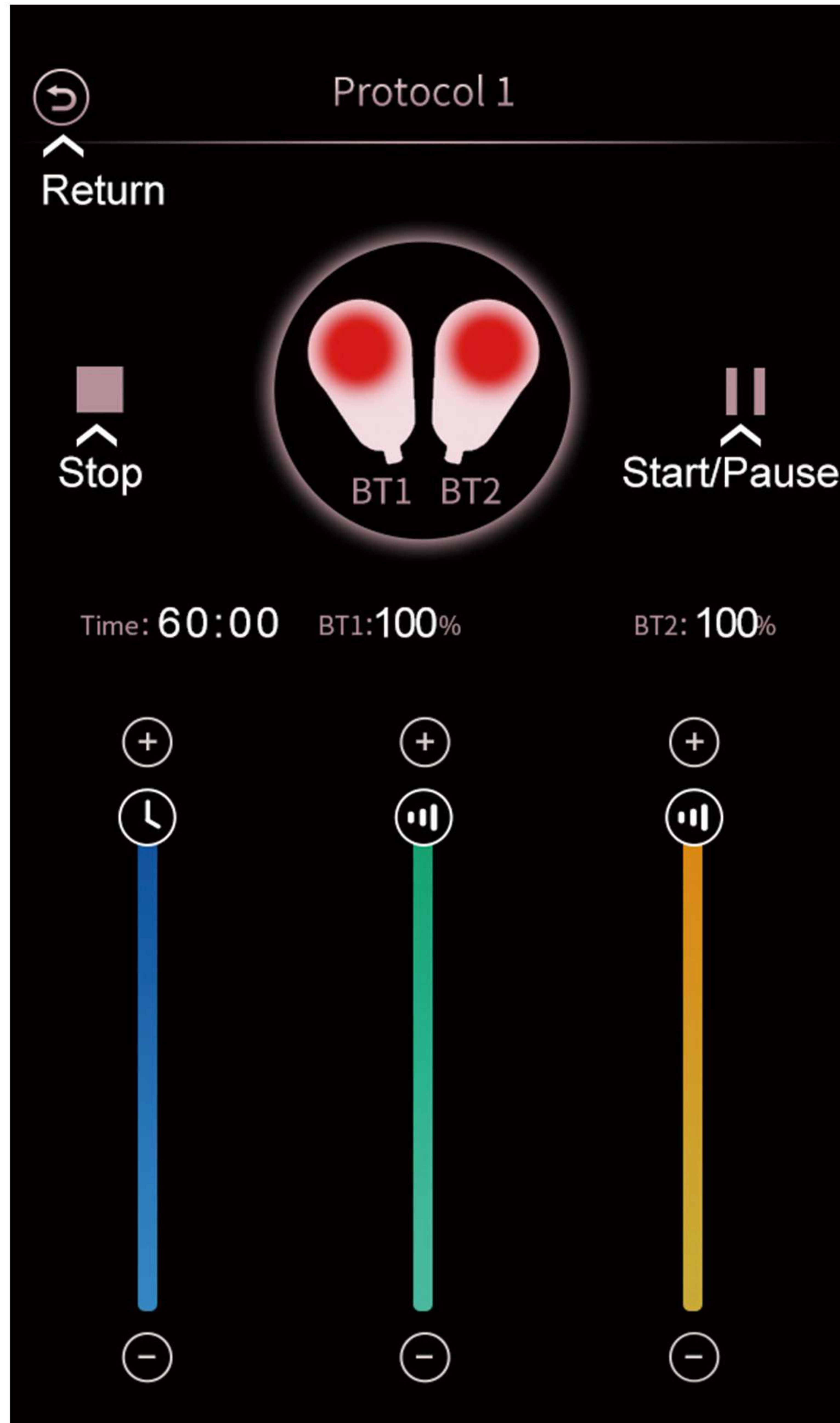
### 3.1.3 Working interface

Enter the working interface, and select the handle through the independent control switch in this interface (the default is that the two handles are available, and the BT1 or BT2 hand tools can also be locked to prevent misoperation. Touch the handle icon, and the icon turns gray to lock the handle. After locking, the parameters of the handle are not adjustable and not available. The locked hand tool can be used only by clicking unlock again.)



After selection, touch the “start / pause”

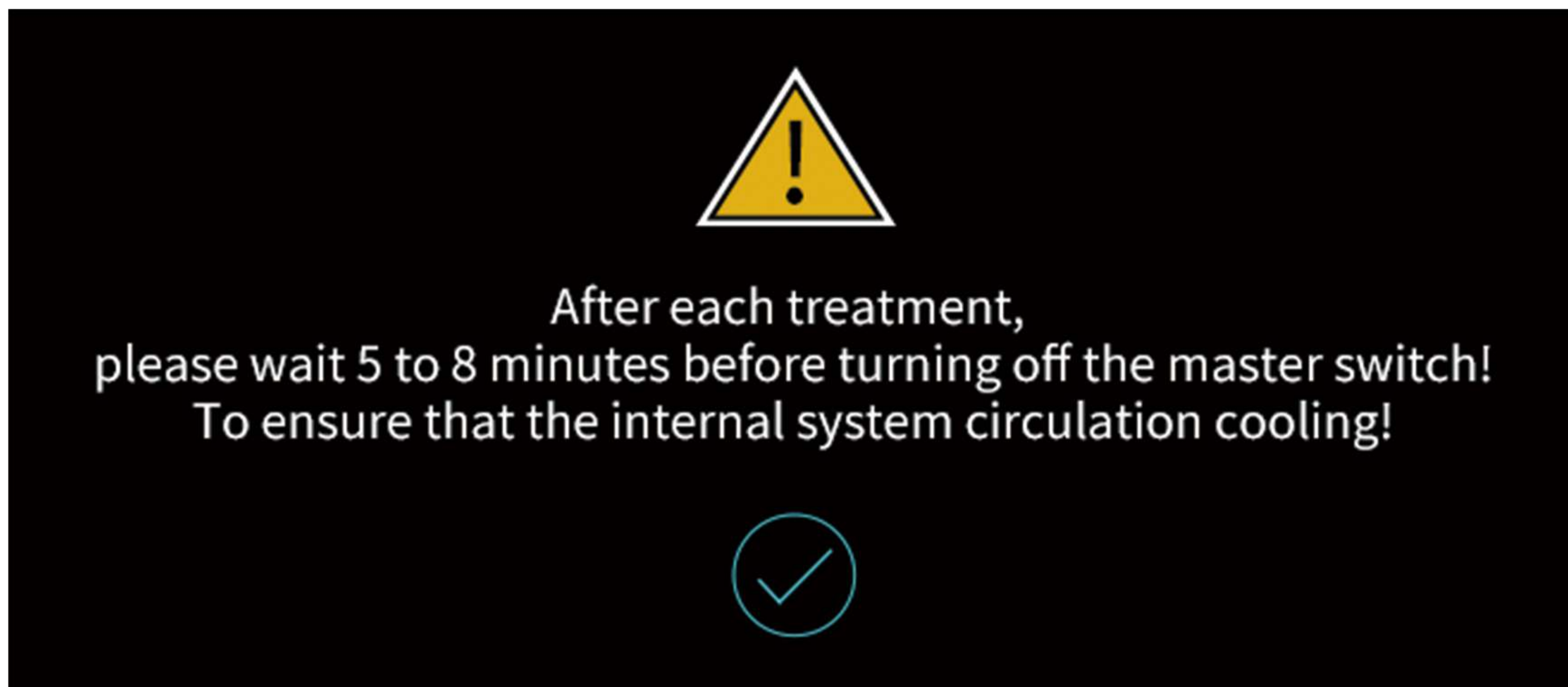
The working time is 30 minutes by default. After picking up or fixing the corresponding operating handles (avoiding metal objects), adjust the strength of BT1 and BT2 handles.




**Note:** Please adjust the interface parameters according to the customer's acceptability, from low to high.

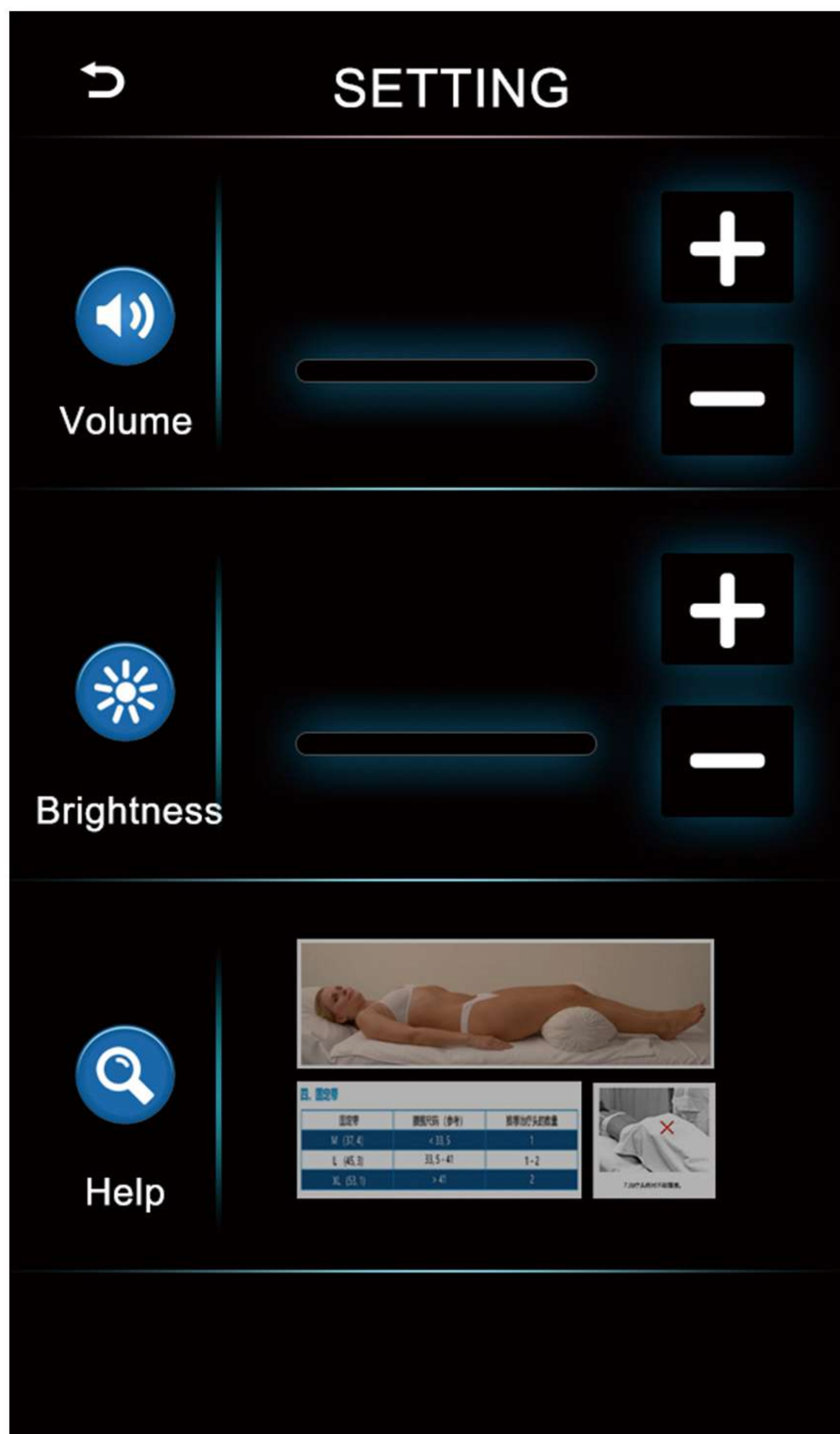
If you need to pause the operation, please touch the “start / pause” button of the interface, and a small pop-up window will pop up as shown in the figure below (prompt to wait for 5-8 minutes to shut down after the operation is completed). Click OK to pause. If you need to start again, just touch the “start” button of the interface.


If you want to end the operation, please touch the “stop” button on the interface, and a small pop-up window will pop up. It also prompts you to wait for 5-8 minutes to shut down after the operation is completed. Click OK, then return to the list interface, and wait for 5-8 minutes to shut down.



### 3.1.4 Setting interface

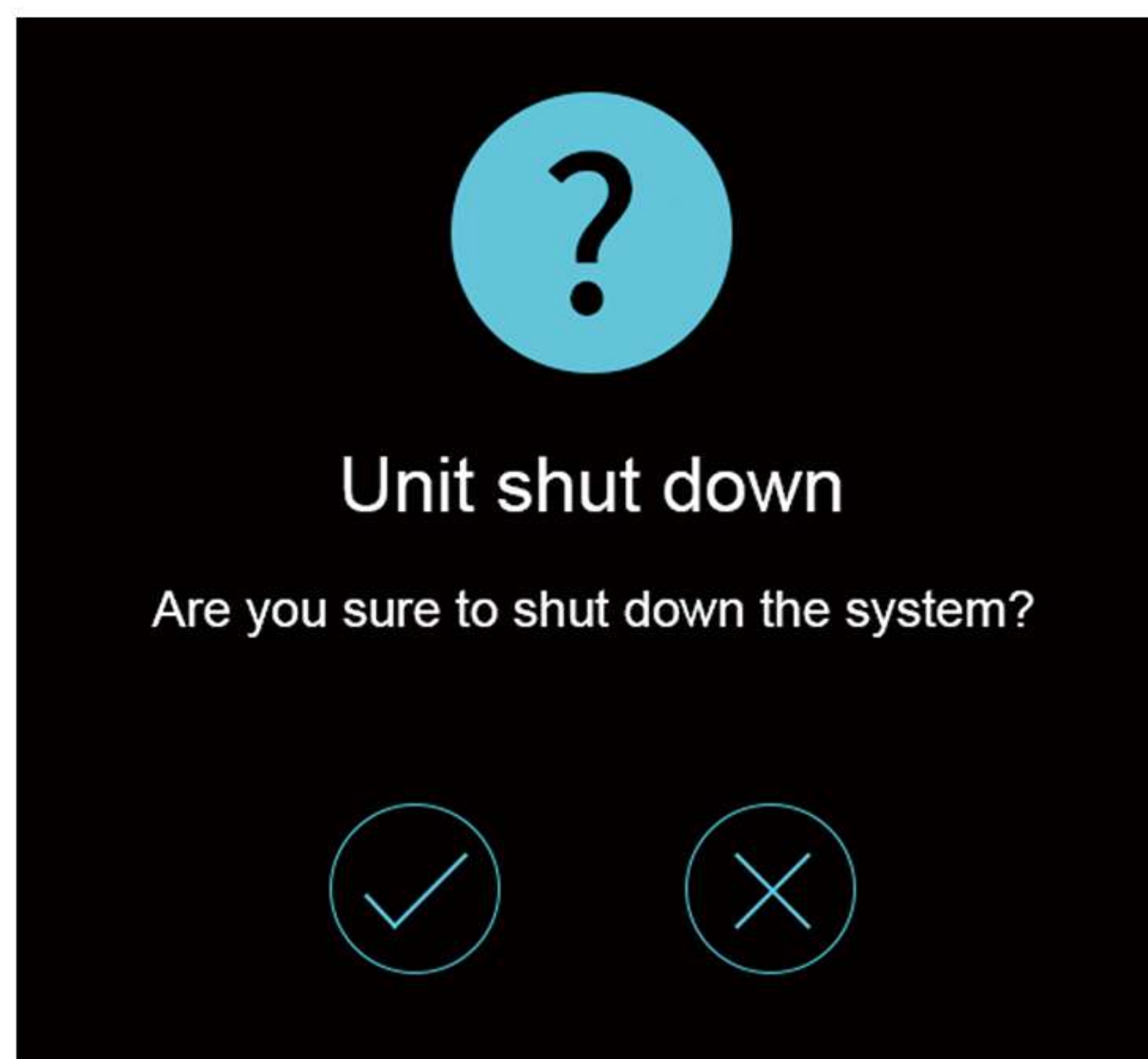
Return to the list interface, Tap "  " to enter the "Setting screen", where you can set the volume and brightness and view the help.



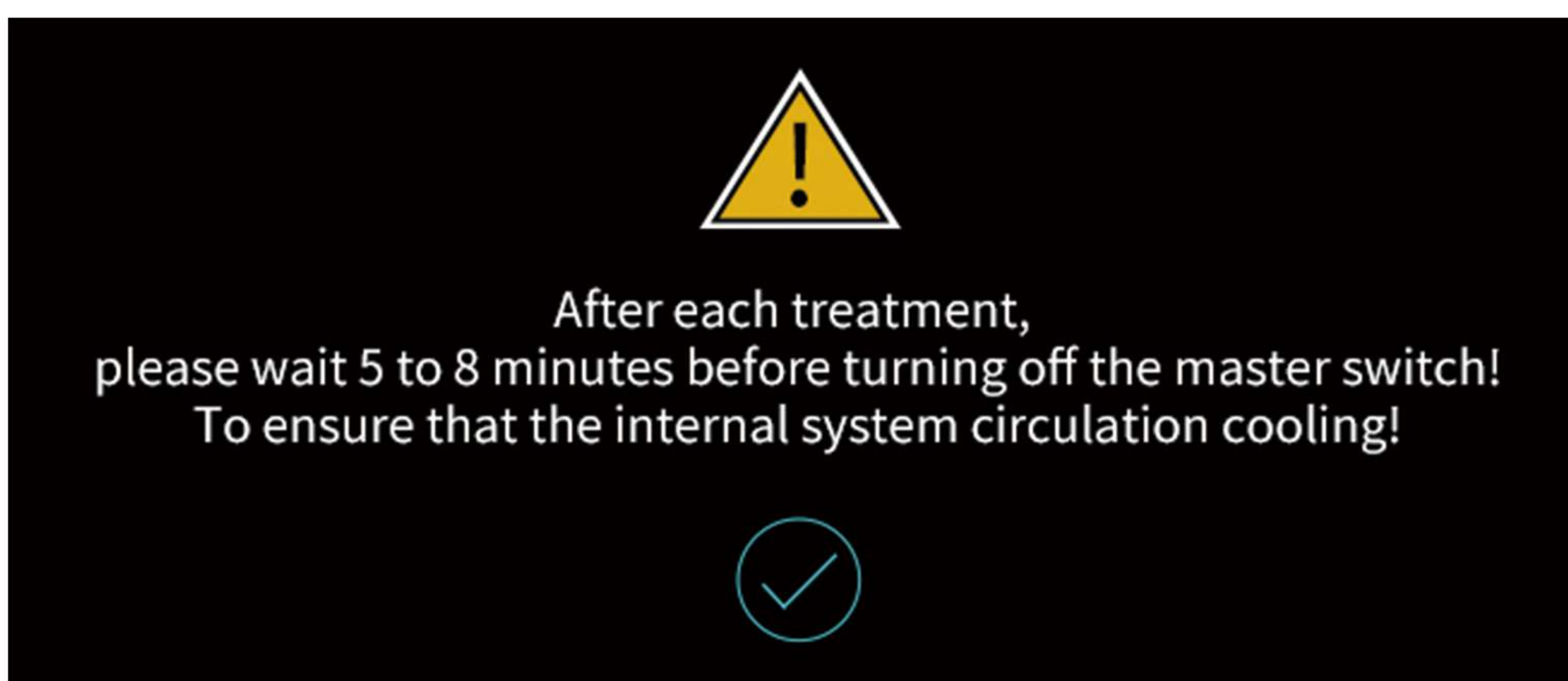
Click "  " to enter the common error page

### 3.1.5 Shutdown interface

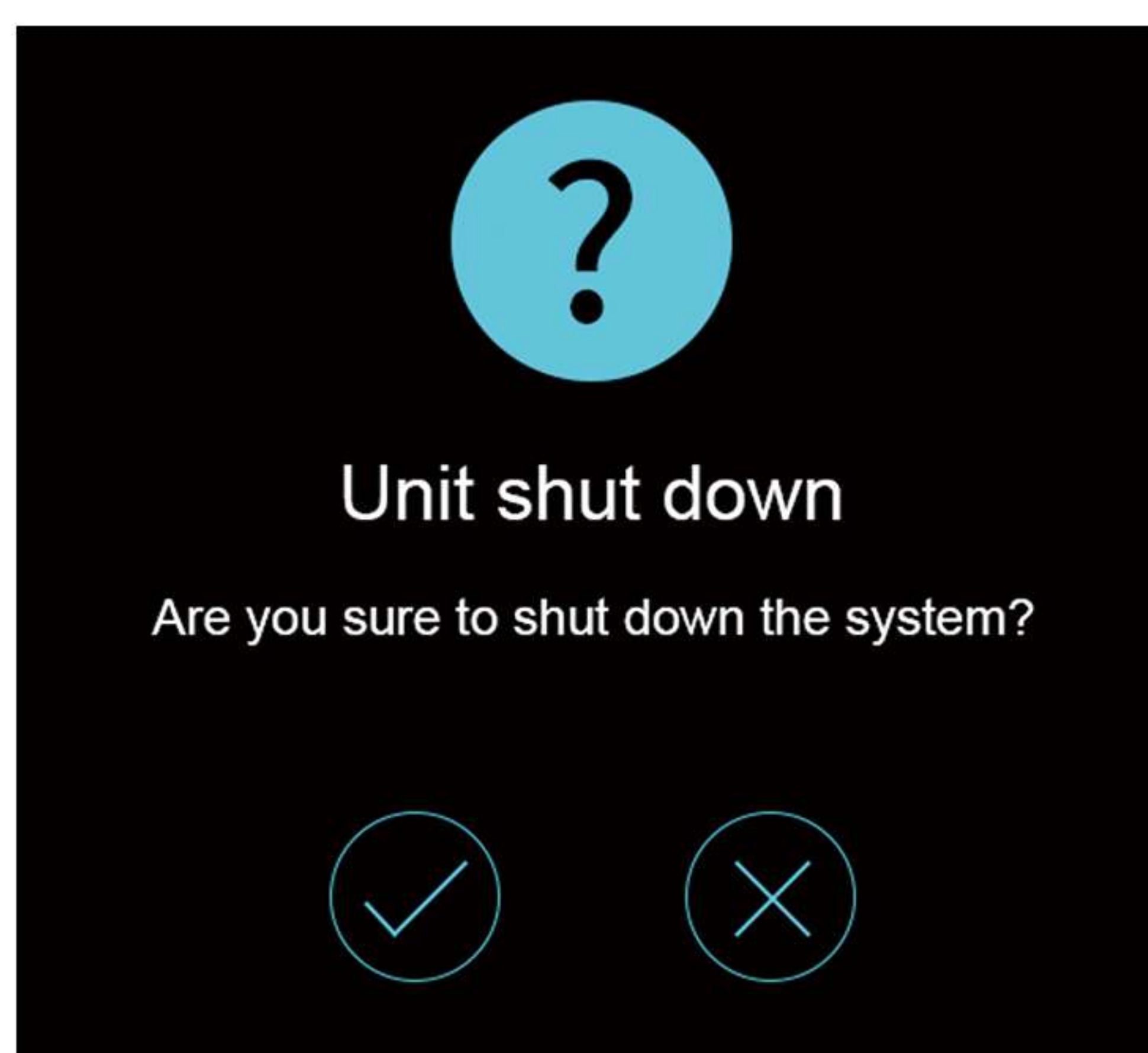
After finishing treatment, please let the instrument stand by for 5-8 minutes, then keep pressing the button on the front of the instrument case for several seconds, and the following pop-up window will appear on the interface (are you sure to shut down the system?) If you want to shut down, please touch "OK"; if you want to continue using, please touch "exit".



After touching "OK", a small pop-up window as below will pop up on the interface(it prompts "After each treatment, please wait 5-8 minutes before turning off the master switch! To ensure that the internal system circulation cooling!) Please wait 8 minutes before touching the "confirm" button.



The " shutdown " pop-up window will pop up again. At this time, touch the "OK" icon to shut down.



### 3.1.6 Warning tips

When the following alarm appears on the interface, it indicates that the utilization rate of the handle has reached 80% (120 hours). Click the alarm icon to view the detailed situation of the current handle utilization rate. When it reaches 100%, the handle needs to be replaced. (each hand can be used for about 150 hours. Please contact the seller when the time is used up)



◀ Click the alarm icon to see the handle usage.



## 3.2 Suggestions for use

**Warning:** It is forbidden to operate on the part of the body with metal parts in it. Before use, the metal objects on the body must be removed. When using, avoid the metal objects on the clothes.

Protocol 1: For the abdomen

There are three working modes (contraction, super contraction and beating). The energy can be moved from the surrounding to the middle of the handle, and the range is large. When it is used, it will be cycled for about 5 minutes, and it will pause and there will be a pause when switching modes.

Protocol 2: For buttocks

There are two working modes (contraction and beating). it takes about 3 minutes for a cycle. there will be a pause when switching modes.

Protocol 3: for small parts (e.g. thigh, arm)

There are three working modes (contraction, super contraction and beating). The energy is mainly concentrated in the middle of the handle. Please adjust the parameters in the interface according to the actual situation.

Usage: According to the operation part(of body) of treatment, choose the way of lying down, for example, lying flat when operating abdomen and lying down when operating buttocks, and then fix the bandage on the operation part, and then put the hand tools into the bandage to fix and close to the operation part (as shown in the photos as below). Finally, set the parameters and adjust the energy to start to treatment.



### Notes:

1. It is suggested that 6 times is a course of treatment (2 times a week is recommended).
2. The energy should be adjusted from 20% to 50% in the first 10 minutes, 50% - 70% in the middle 10 minutes, and 70% - 100% in the next 10 minutes.
3. It needs to wait for 5 minutes after one treatment, then you can use the handle again. After each treatment, it needs to stand by for 10 minutes and then turn off the power.

## 4. Maintenance

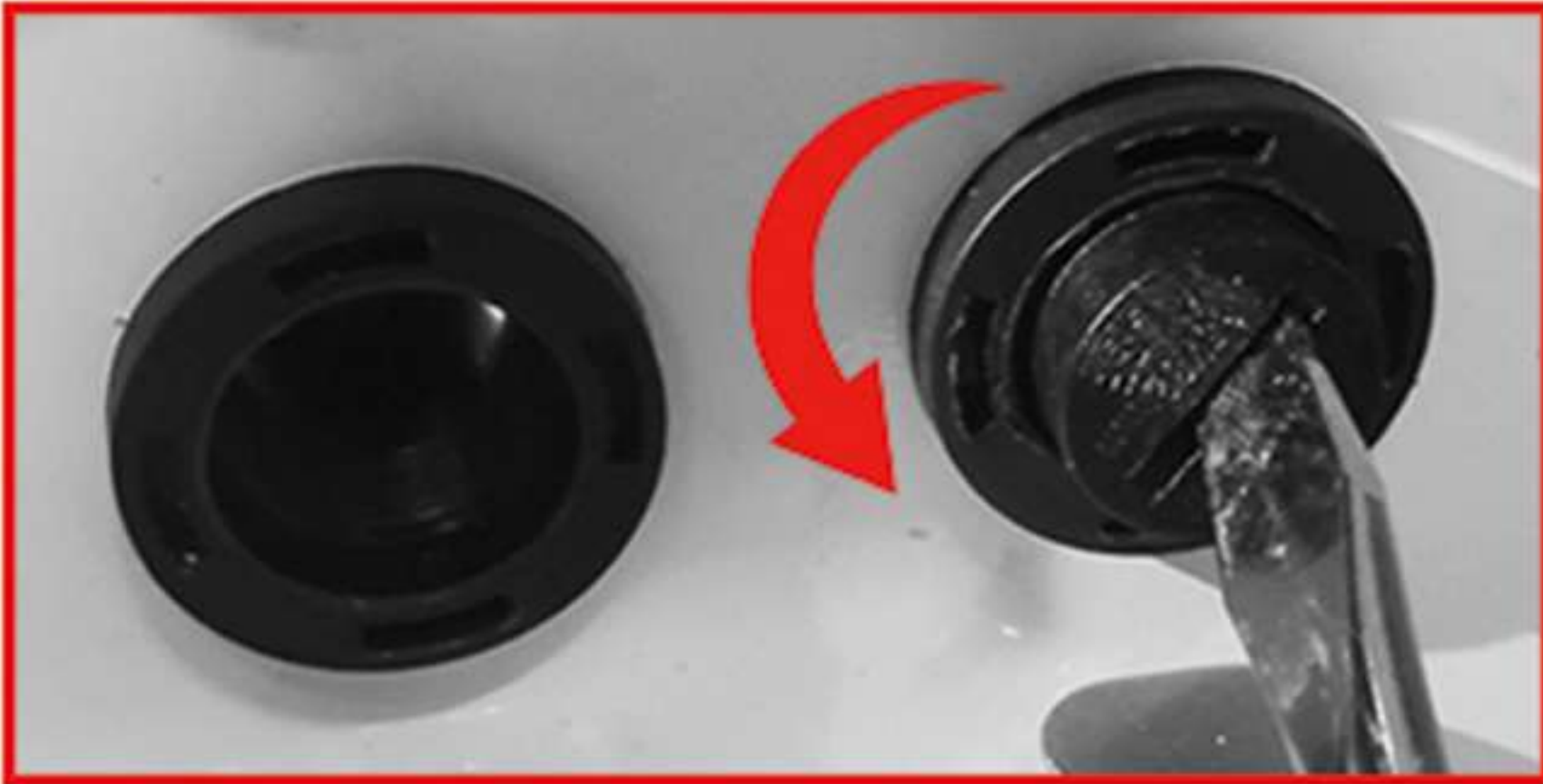
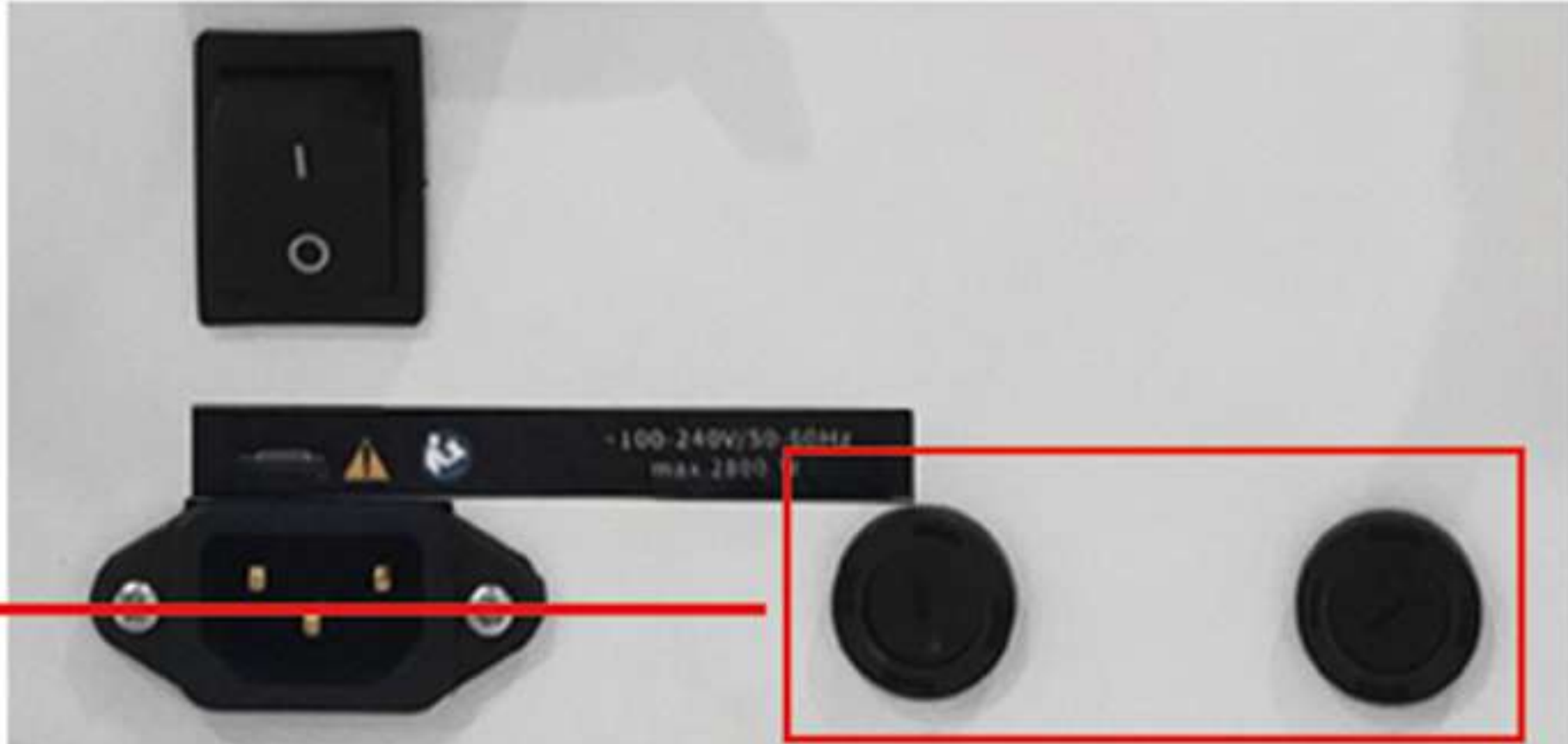
The equipment is mainly composed of precision optical instrument or electronic instrument, and its maintenance and repair shall comply with the general provisions of precision optical instrument and electronic instrument. Collision, extrusion and vibration shall be strictly prevented during storage and use.

It needs to wait for 5 minutes after one treatment, then you can use the handle again. After each treatment, it needs to stand by for 10 minutes and then turn off the power.

It is recommended that the accessories and the host should be cleaned with a clean wet towel or cloth and placed in a cool and dry place after each use. Accessories rack and other panels are made of acrylic material. They should be avoid wipe by alcohol.


## 4.1 FAQ

Fuse replacement: When the instrument suddenly can not be opened, you can try to solve by replacing the fuse, if not, you can contact the after-sales personnel.

**Step 1:** Use a screwdriver to gently pry open the fuse box.


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**Step 2:** Take out the fuse and replace it with a new one.

Insurance tube

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**Step 3:** Tighten with a screwdriver.

**Note**  
The fuse in both left and right sides should be installed before turn on the machine.

## 5. Technical Parameters

Item	Parameters
Handles	Independent control handle*2
Technology	HIFEM
Control	10.1Inch touch screen
Output power	2800W
Voltage	220VAC, 10A, 50Hz
Chassis size(m0m)	480*575*520mm(include handles)

## 6. Warranty

1. The host is guaranteed for one year and the accessories are guaranteed for three months, lifetime maintenance!

A. The host is guaranteed for one year.

In case of any non-human damage to the new machine within one month, the goods can be replaced.

B. Spare parts warranty for three months.

The parts are guaranteed for three months, and the maintenance cost will be charged after three months.

C. In case of man-made damage, Party B shall be responsible for the maintenance cost.

2. No free warranty service will be provided for the following failures caused by personal reasons.

a) Failure caused by unauthorized disassembly and modification of the instrument;

b) Failure caused by careless falling

c) Failure due to lack of reasonable maintenance;

d) Failure caused by failure to follow the correct instructions in the operating instructions

3. The design specifications of this product are subject to change without notice. If you have any questions, please contact us.

## 7. Accessories list

#	Accessories name	Quantity
<b>1</b>	<b>Host: 1 set (qualified product)</b>	<b>1</b>
<b>2</b>	<b>Power cord</b>	<b>1</b>
<b>3</b>	<b>Handle</b>	<b>2</b>
<b>4</b>	<b>Bandage (long, medium, short)</b>	<b>1</b>
<b>5</b>	<b>30A safety tube</b>	<b>10</b>
<b>6</b>	<b>Screwdriver</b>	<b>1</b>
<b>7</b>	<b>User Manual</b>	<b>1</b>
<b>8</b>	<b>Warranty card</b>	<b>1</b>

When receiving the goods, please check and receive the goods according to the varieties and types on the accessories list! Overdue feedback is at your own risk!